

I am going to give you the REAL low down on being shot. I feel that if you have some idea of what to expect, you have a much better chance of survival.

I have been shot. I have friends that have been shot and I have seen the results of several shootings. After much comparing notes and discussion, this is what we feel you can reasonably expect to experience if you find yourself in this situation. This is not a first-aid course so I will not go into it here. My only intent is to help you survive the initial attack by providing information on the first few critical minutes. Knowing what to expect has kept me alive in several instances, and my friends echo that statement. * Forget what you've seen on T.V., and heard from friends, about gun fights. People don't fly through the air, or get thrown 6 or 8 feet back. Most victims do not even fall, and as an anti-climax, they very often don't even know they are hit (if there is some excitement) until sometime later. Anyone who has had a basic course in physics knows that "for every action there is an opposite and EQUAL reaction". So the victim cannot be smacked any harder

by the bullet than the shooter's hand or arm is punched by the gun itself (assuming it is a bolt action or revolver)... the difference is that the AREA of impact is spread out over a larger surface by a pistol handle or gun stock than the small head of a bullet. * THE GAME AIN'T OVER just because

someone was struck!!!! The Human body can handle TREMENDOUS amounts of damage. I personally feel that unless the victim is dead, he/she is still a viable threat. I was shot in the hand by a perp with a .38 cal bullet in North Carolina. I was diving toward him in an attempt to decrease his angle of fire, I KNEW he was pulling the trigger, I KNEW that if I ran he would shoot me several times in the back, and I also knew what I am telling you now... that unless you are killed you are still a viable threat. The Bullet hit the palm of my hand at the base of my thumb and went right through... deflecting the bullet upward just enough to put a burn over my scalp. I did not even know I was hit... the Perp never got off a second shot, the struggle is a fast blur in my mind now and I mainly remember the stunned look on HIS

face. When I found the hole through my hand I gave myself first-aid and called the police and an ambulance (because the officer with me curled up, went into shock and had to be hospitalized, she wasn't hit by anything at all). That brings me to some other points... You most likely WILL experience shock to some degree. If you can keep your head after the fact, you have

several advantages (believe it or not) and a good chance of living. The shooter probably doesn't know the Info I am giving you so he thinks you are out of the picture. Get ready, you are in for an adrenaline smack that will literally make you feel like Superman. We are talking strength and speed like you have never known! Those are your advantages.. it's up to you what you do with them now that you know, but I STRONGLY recommend that you do

SOMETHING other than lay there and wait to bleed to death. I was shot in the

Leg and hip several times by 7.62 X 39 (AK-47)... I knew something was wrong

but it did not dawn on me that I was hit. I just couldn't seem to keep my feet under me long enough to stand up. I thought I had tripped over something and fell into a patch of oil. Even so, once I figured out that the oil was MY blood and that I was hit, I managed to still return some sort of effective fire until help arrived.* Expect to feel "detached" for a few moments.. this feeling will come and go but is greatest AFTER the threat is over.. KEEP CALM OR YOU MAY DIE!FEAR is the mind killer.* If hit in an

extremity the Limb may not work... so expect that and practice off hand shooting, shooting prone, etc..* Usually there is no initial pain...that comes later.. and it DOES come! You MAY feel a tingling...but I doubt it unless you are really the calm type.* As stated before, expect a MAJOR adrenaline rush... this may cause you to over-compensate if you return fire,

But for a minute or so you are going to be stronger than you would ever believe possible. You can also expect your thinking to be very, very clear and quick... if you remain calm and decide you want it to be(and you had BETTER want it to be). Think it, and your body WILL respond. If you are hit

in a major organ or nerve center...at least grab the bastard by the throat and take him with you...they will have to literally pry your fingers out of his skin.* Your stomach may feel cold and it may hurt terribly after the initial threat is over... it may even feel as if you have been "gut shot".

Inspect be sure you are not, but remember that this is normal. I'm not saying that this will be a walk in the park... In just a few minutes you will have to deal with all kinds of complications... I am only trying to let you see that God gave us some POWERFUL survival mechanisms to help give us

an edge (Most animals don't have these mechanisms...just watch National Geographic) so don't waste that edge by allowing fear or confusion to take

over!!